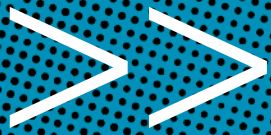


The 12th annual seminar from The At Work Partnership  
in association with the journal *Occupational Health [at Work]*

# 2-DAY SEMINAR



## Workplace Health 2023

*Tuesday 10 & Wednesday 11 October 2023*

**Woodland Grange Hotel, Leamington Spa**

Chaired by: *Dr John Ballard, Occupational Health [at Work]*

With: *Dr Nerys Williams*, independent occupational physician

### CPD

FOM: 12½ points  
(applied for)  
Self-accreditation  
schemes: 12½ hours

Additional CPD can  
be gained after the  
event via our CPD  
scheme.

#### Significant issues in OH practice

- > Managing long-term health conditions
- > Timely interventions in difficult cases
- > Data protection legal update
- > OH and health equity
- > Work-related suicide
- > Older workers and working longer
- > Violence and aggression at work
- > Translating OH research into practice
- > Mental health and neurodiversity
- > Understanding Tourette's and its impact on work
- > Autism and neurodivergence
- > Mental health first aid
- > OH at Ford Motor Company: a case study

**Plus key OH legal issues update and legal Q&A**

**This seminar is run  
with the support of:**

**THE COLT  
FOUNDATION**

**Book by  
11 August 2023  
and SAVE up to  
£70 + VAT**



Quality conferences  
at value for money  
prices

The 12th annual Workplace Health seminar will be held in Leamington Spa. Delegates are encouraged to attend in person at the Woodland Grange Hotel, where they will be able to benefit from the learning and networking opportunities of a live event. However, for those that cannot join in person, we offer an online alternative.

This year's exciting programme will focus on sharing the latest expertise and practical advice on the most significant issues in occupational health, bringing together a group of expert speakers.

## This seminar is designed for:

- OH nurses and physicians
- Allied health professionals
- HR managers

## How will attending this event benefit you?

### You will gain:

- An insight into the role of OH and the opportunities and challenges ahead – in our Colt Foundation Keynote Lecture
- Guidance on best practice in OH, from interventions in difficult cases to self-management techniques to support workers
- An understanding of mental health and neurodiversity, including best-practice advice on autism, Tourette's syndrome, burnout and work ability, as well as a look at mental health first aid
- Practical guidance on supporting older workers
- Advice on making a difference to employees by putting OH research into practice
- An up-to-the-minute understanding of the latest developments in OH law, and how they affect your role and responsibilities
- An update on the latest developments in OH

**Don't miss out – Workplace Health 2023 promises to be one of the most exciting OH events of the year – avoid disappointment by booking your place early!**

### Comments from delegates at recent events:

*"A great networking platform to discuss and learn more about current issues in our dynamic profession."* Catherine Wallace, OH manager – British Gypsum

*"The Workplace Health Symposium is my preferred occupational health event. It has maintained a consistent high standard over time. Great to return to an in person event."*

Dr Adrian Baker, consultant occupational physician – NATS

*"Joyous, engaging, and an utter joy to absorb the knowledge and reflect."* Allison O'Connor, OHA, Norbord Europe Ltd

## Conference dinner and entertainment

Network and chat with fellow delegates and speakers in a relaxed atmosphere at our conference dinner at 7.30pm on **Tuesday 10 October 2023**. Our entertainment will add a sparkle to the evening!

8.45

Registration and coffee

9.00

## Introduction and OH hot topics

**Dr John Ballard, Occupational Health [at Work]**

- Use of pro forma templates or narrative reports in OH report writing
- Latest developments in OH

## OH PRACTICE PART 1

9.25

## OH and health equity

**Dr Richard Heron, World Economic Forum**

- Social determinants of health • Why work matters
- Recognising and addressing health inequity at work
- OH as agents for change

10.05

## Self-management support for long-term health conditions

**Dr Sally Hemming, Ernst and Young UK**

- Why self-management matters • Addressing barriers
- Support needs within a biopsychosocial framework
- Improving self-management support at work

10.45

Coffee and exhibition

11.25

## Timely interventions in difficult cases

**Dr Julie Denning, Working To Wellbeing and Jo Berriman, health management consultant**

- Principles for intervention • Early identification of difficult cases
- When to intervene – is early always better?
- Using your OH skills and expertise for positive outcomes

## COLT FOUNDATION KEYNOTE LECTURE

12.05

## OH: under threat or a great opportunity?

**Dr Anne de Bono, University Hospitals of Leicester NHS Trust**

- Can we capitalise on the role played by OH in the pandemic?
- New challenges – from hybrid working to AI
- Is OH becoming too transactional rather than strategic?
- Demonstrating that OH is a great career
- Responsibilities as OH professionals to the next generation

12.55

Lunch and exhibition

## DIVERSITY

13.50

## Understanding Tourette's and its impact on work

**Dr Melina Malli, Oxford Institute of Population Ageing**

- What is Tourette's? Addressing misconceptions • Impact on work
- Coping strategies and occupational support • Role of OH

## OH LAW

14.30

## Legal hot topics part 1

**Prof Diana Kloss, barrister**

- Neurodiversity • Data protection principles for OH practice: the new ICO guidance and its implications for OH

15.25

Tea and exhibition

15.50

## Legal hot topics part 2 & legal Q&A

**Emily Yeardley, Couchman Hanson Solicitors**

- Mental health at work • Age discrimination
- Latest updates in OH Law

16.50

## What matters to you in OH practice?

**Five-minute professional briefing sessions:** Your chance to highlight some work that has helped improve health in your workplace, or share a great new idea – but you've only got FIVE minutes and 20 slides to do it!

17.35

## End of day one

8.05	<b>Breakfast briefing: Dyslexia – reasonable adjustments in practice</b>
	<i>Jan Mulligan, Greenleafe Ergonomics</i>
8.40	Coffee
8.55	Welcome
	<b>OH PRACTICE PART 2</b>
9.00	<b>From research to practice: joining the dots</b>
	<i>Prof Carel Hulshof, Amsterdam University Medical Centre</i>
	<ul style="list-style-type: none"> <li>How OH research can make a real difference to employees</li> <li>Learning from past mistakes • Case studies</li> <li>Better ways of disseminating knowledge</li> </ul>
9.45	<b>OH in modern manufacturing: A case study</b>
	<i>Dr Jenny Dodman, Ford Motor Company</i>
	<ul style="list-style-type: none"> <li>Adapting OH to the challenges of a modern engineering environment • Making our OH business case</li> <li>Tips for influencing managers and directors</li> <li>Making a difference in health and wellbeing</li> </ul>
10.20	<b>Violence and aggression at work</b>
	<i>Prof Sheena Johnson, University of Manchester</i>
	<ul style="list-style-type: none"> <li>Understanding the causes and impact</li> <li>Which groups of workers are most at risk?</li> <li>Organisational responses • Supporting individuals</li> </ul>
11.00	Coffee and exhibition
	<b>HEALTHY WORKING LIVES</b>
11.30	<b>Work-related suicide</b>
	<i>Prof Sarah Waters, University of Leeds</i>
	<ul style="list-style-type: none"> <li>How often is work a contributory factor in suicide?</li> <li>Occupational risk factors • Organisational response and the potential role for OH • Recommendations</li> </ul>
12.15	<b>Older workers/working longer</b>
	<i>Dr David Flower, occupational physician</i>
	<ul style="list-style-type: none"> <li>Impact of age on fitness for work – physical &amp; cognitive factors</li> <li>Assessing fitness for work as workers age</li> <li>The challenge ahead</li> </ul>
13.00	Lunch and exhibition
13.50	Welcome to afternoon
	<b>MENTAL HEALTH &amp; NEURODIVERSITY</b>
14.00	<b>Work ability, mental health and burnout</b>
	<i>Alan Dovey, Working Minds UK</i>
	<ul style="list-style-type: none"> <li>Risk factors: are poor mental health and/burnout inevitable in some jobs? • Impact on working life as people work for longer</li> <li>When to intervene: prevention or intervention?</li> <li>Career planning for mentally healthy working lives</li> </ul>
14.45	<b>Autism and neurodivergence – best-practice consultations</b>
	<i>Dr Mary Doherty, Autistic Doctors International</i>
	<ul style="list-style-type: none"> <li>Autism and work • Perceptions of autism</li> <li>Effective consultations • Healthcare professionals with autism</li> </ul>
15.25	<b>Mental health first aid</b>
	<i>Dr John Ballard, Occupational Health [at Work]</i>
	<ul style="list-style-type: none"> <li>What is it and does it work? • Supervision and governance</li> <li>Take-home messages for OH practice</li> <li>Why legislation is not the answer</li> </ul>
15.55	<b>Final questions</b>
16.00	<b>Close of day two</b>

**Chair: Dr John Ballard** has been researching and writing on OH and disability issues for over 25 years. He edits the *Occupational Health [at Work]* journal from The At Work Partnership.

**Chair: Dr Nerys Williams** is a specialist in occupational medicine and was formerly at the Department for Work and Pensions.

**Dr Richard Heron** is currently consulting as an expert adviser for the World Economic Forum on Health and Work. He was formerly the vice-president health and chief medical officer at BP.

**Dr Sally Hemming** is a chartered psychologist, HR practitioner and leads health and wellbeing for Ernst and Young UK.

**Jo Berriman** is an OH practitioner, coaching psychologist and health management consultant for a professional services company.

**Dr Julie Denning** is the joint owner of Working To Wellbeing and has over 21 years' of experience working in vocational rehabilitation.

**Dr Anne de Bono** is a consultant in occupational medicine at University Hospitals of Leicester NHS Trust and is former president of the Faculty of Occupational Medicine.

**Dr Melina Malli** is a research fellow at the Institute of Population Ageing, University of Oxford, with a special interest in disabilities and Tourette's syndrome.

**Prof Diana Kloss** is a barrister, former employment judge and honorary senior lecturer in OH law at the University of Manchester.

**Emily Yeardeley** is head of employment law at Couchman Hanson Solicitors and specialises in advising on ill health at work.

**Jan Mulligan** is a chartered ergonomist and disability specialist, working at Greenleafe Ergonomics.

**Prof Carel Hulshof** is an occupational physician and emeritus professor in occupational medicine at the Amsterdam University Medical Centre.

**Dr Jenny Dodman** is a consultant in occupational medicine and chief medical officer at Ford of Britain, and previously worked in the NHS and at British Airways.

**Prof Sheena Johnson** is professor of work psychology and wellbeing at the Alliance Manchester Business School.

**Prof Sarah Waters** is Professor of French Studies at University of Leeds with expertise in work-related suicide.

**Dr David Flower** is an occupational physician with 30 years' experience in high hazard, safety critical industries.

**Alan Dovey** is a consultant cognitive behavioural psychotherapist and a director at Working Minds UK.

**Dr Mary Doherty** is a consultant anaesthetist, autism researcher and founder of Autistic Doctors International.

## Sponsorship and exhibition opportunities

To exhibit at this event or advertise in the delegate documentation, please email [info@atworkpartnership.co.uk](mailto:info@atworkpartnership.co.uk)

## About The At Work Partnership

Dedicated to providing high quality, good value conferences, **The At Work Partnership** researches the subjects that really matter to professionals in your field, and sources speakers who are true subject experts. We also publish the *Occupational Health [at Work]* journal.



# Booking Form

**Workplace Health 2023 – 10 & 11 October 2023, Leamington Spa**  
In-person and online



A B C D E F G

## Seminar attendance and prices. Please tick relevant box(es)

	Price per delegate if paid <b>before</b> 11/8/23 <b>save £70 + VAT!</b>	Price per delegate if paid <b>after</b> 11/8/23	Price per delegate if paid <b>before</b> 11/8/23 <b>save £70 + VAT!</b>	Price per delegate if paid <b>after</b> 11/8/23
	<b>Main rate</b>	<b>Main rate</b>	<b>Self-funded rate*</b>	<b>Self-funded rate*</b>
Both days	<input type="checkbox"/> £460 + VAT (£552)	<input type="checkbox"/> £530 + VAT (£636)	<input type="checkbox"/> £355 + VAT (£426)	<input type="checkbox"/> £425 + VAT (£510)
Day one – 10 Oct	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)
Day two – 11 Oct	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)

\*The self-funded rate applies for sole traders or when your employer does NOT fund your fee.

## Conference reception and dinner

☐ £16.25 + VAT (£19.50)

Please help us by selecting your main course preference below:

☐ Fish ☐ Meat ☐ Vegetarian ☐ Vegan

## Hotel rooms

Please book hotel accommodation directly with the venue, and not with The At Work Partnership. The hotels has reserved a limited allocation of rooms at the price of £99+VAT (£118.80) (B&B) for bookings made by Friday 11 August. These are available on a first come first served basis. Please phone Emily at Woodland Grange on 01926 310507 to book and quote ref: 189943



**I wish to attend Workplace Health 2023:** ☐ In-person ☐ online via Zoom

Title	First name	Surname
Position		
Email		
Organisation		
Address		
Postcode		
		Tel

To process your order, we keep your details securely on our database and we NEVER pass on your details to 3rd parties. We'd like to keep you updated about relevant events and information from the At Work Partnership. You can unsubscribe at any time by emailing [info@atworkpartnership.co.uk](mailto:info@atworkpartnership.co.uk). To receive our updates, please tick the boxes below:

- ☐ Yes – update via **post, email and phone**.  
☐ Yes – by **post only** (for training info and journal samples – usually 5x per annum).  
☐ Yes – by **email only** (for the free monthly OH email newsletter).  
☐ Yes – by **phone only** (we are very unlikely to call unless it is for a specific reason)  
☐ No, please do NOT contact me via any method.

☐ **I have read and agree to the cancellation terms:** Authorised signature

.....  
(This booking is not valid unless signed)

## Administration

### In-person attendance

The conference will be held at the Woodland Grange Hotel, Old Milverton Lane, Royal Leamington Spa, CV32 6RN Tel: 01926 336 621 This 4\* hotel is approx one hour and 20 mins from London by train. Advance peak fares are approx. £50 return.

Delegates attending in person have the opportunity to network with other delegates, speakers and exhibitors and can ask live or written questions at the event. They will be provided with printed conference documentation on arrival. The fee includes printed documentation, refreshments and lunch.

### Online attendance

Online delegates will be able to register to watch the conference live on Zoom, and the fee includes printed conference documentation which will be sent in advance. Online delegates will not be able to ask questions live, as microphones will be unavailable for virtual attendance. However, they will be able to put written questions in the chat function in Zoom.

### Bookings

Places can be booked by post, telephone or email. In cases where your organisation's paperwork may take a couple of weeks to reach us, please telephone 0345 017 6986 or 0208 344 2328 to reserve a no-obligation provisional place.

### Seminar administration details

Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. Seminar administration details will be sent to paid delegates approximately two weeks before the seminar. If you have not received these one week before the event, please contact us.

### Cancellation policy

For cancellations received in writing 14 days before the seminar, we will provide a refund, less a 25% administration fee to cover administration costs. If the cancellation is received within 14 days of the seminar, no refund will be made, but we will accept an alternative delegate from your organisation at the event. Refunds are not available to delegates who fail to attend after confirming a booking.

### Special requirements

If you have any special needs, please let us know in advance and we will be delighted to help.

### Payment information

Fees are as stated at the top of the booking form, and must be paid in advance of the event. **All early bird bookings must be paid by 11/8/23**, or they will be charged at the higher rate. Invoices will be sent when a booking is received, and payment can be made:

**Online** at [www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)

**By credit card** – please contact us to pay via card over the phone

**By cheque** – payable to The At Work Partnership Ltd

**By BACS** – please contact us for our bank account details.

**This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of total fees invoiced by The At Work Partnership.**

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## BOOK NOW and return your completed form to:

**Post:** The At Work Partnership Ltd, Office 3A, Highstone House, 165 High Street, Barnet, EN5 5SU

**Telephone:** 0345 017 6986 or 0208 344 2328 **e-mail:** [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk)

**BOOK ONLINE** at [www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)